

**PLEASE PRAY FOR**

Christine Page; Daphne Glen; Helen Wheatley; Marie Rice; Jonathan Fermor; William Marston; David and Edith Searle; Chris Edwards; Lana Hansford; Cobi Whybrow and Rev Steph

All who grieve, especially the family and friends of Val Grantham; Geoff Cooley; Sheila Pryor, Jean Cooke and Richard Chambers.

Ukraine, Russia, and our government  
Those affected by the fires, flood and drought  
All our wedding couples and baptism families  
People struggling to make ends meet  
The Bishops who gathered for the Lambeth conference  
Len and Issy Smith as they prepare for CPAS summer ventures for children and young people especially 15<sup>th</sup>-19<sup>th</sup> August

**Readings for Trinity 9**

Jeremiah 23:23-29  
Hebrews 11:29-12:2  
Luke 12:49-56

**DAILY READINGS**

**Mon** 1 Samuel 14:24-46  
Luke 23:13-25

**Tues:** 1 Samuel 15:1-23  
Luke 23:26-43

**Wed:** 1 Samuel 16  
Luke 23:44-56a

**Thurs:** 1 Samuel 12  
Luke 22:47-62

**Fri:** 1 Samuel 17:1-30  
Luke 23:56b-24:12

**Sat:** 1 Samuel 17:31-54  
Luke 24:13-35



**Benefice of St Mary's & St Michael's**

East Bergholt (EB)

Brantham (B)



**Do not be afraid, little flock .....**

**Sunday 7 August  
Trinity 8**

**10:30** Benefice Communion, B  
(Rev Peter)  
**Hymns:** 447, 384, 115, 310

Homemade Jams on sale after this morning's service



**COLLECT**

Lord God,  
your Son left the riches of heaven  
and became poor for our sake:  
when we prosper save us from pride,  
when we are needy save us from despair,  
that we may trust in you alone;  
through Jesus Christ our Lord.

**AMEN**

**Readings**

Genesis 15:1-6  
Hebrews 11:1-3, 8-16  
Luke 12.32-40

Wearing a mask in church is now optional. If you feel safer, please continue to mask.

**Benefice website** www.ConstableCountryChurches.co.uk  
**Facebook:** stmaryseastbergholt and St Michael's Church, Brantham  
**YouTube:** [YouTube Constable Country Churches](#)  
**Rector** Rev Canon Stephne van der Toorn  
Tel: 01206 392646 Mob: 07771 574 702 (call landline first and leave message)  
The Rectory, Rectory Lane, Brantham, CO11 1PZ / revstephvd@googlemail.com  
**Benefice Administrator** Michelle Jowers - constablecountrychurches@outlook.com  
**Benefice Safeguarding Officer** Fiona Trott - 01206 298205  
**Assistant Priests** Rev Peter Ball - retired (PTO)\* 01206 393316 (\*Permission to Officiate granted by the Bishop)  
Rev Roy Seden - retired (PTO) 07806 940407  
**Readers** Mr Nick Pavitt - 01473 328512  
Mrs Ruth Bull - 01206 298733  
**Church Wardens**  

<b>East Bergholt</b>		<b>Brantham</b>
Fiona Trott	01206 298205	Dr Jane Pavitt 01473 328512
Sarah Southgate	07742 620695	Len Smith 01206 393321

**Director of Music (EB)** Martin Huggett 01206 395927

**Elders**

<b>East Bergholt</b>		<b>Brantham</b>
Fiona Trott	01206 298205	Sarah McCraw 01206 391384
Chris Jacob	01206 298552	

**Treasurers**

<b>East Bergholt</b>		<b>Brantham</b>
Lesley Cherry.....	01206 393500	Gill Forsyth .....01206 393489

Our Patrons are Emmanuel College, Cambridge.



**POST COMMUNION PRAYER**

Strengthen for service, Lord,  
the hands that have taken holy things;  
may the ears which have heard your word  
be deaf to clamour and dispute;  
may the tongues which have sung your praise  
be free from deceit;  
may the eyes which have seen the tokens of  
your love shine with the light of hope;  
and may the bodies which have been fed with  
your body be refreshed with the fullness of  
your life; glory to you for ever.

**AMEN**



**PRAYER FOR THOSE CAUGHT UP IN CONFLICT**

God of peace,  
show us how to put away  
the weapons of war  
and help us destroy  
the tools of destruction.  
Teach us to follow the ways of justice  
and walk with us the paths of truth  
so that all your children may sleep secure.  
God of peace, may your kingdom come.

**AMEN**

Items for the pew leaflet should be received by Michelle Jowers by Tuesday afternoon (with a copy to Rev Steph). Michelle is in the office from 9am to 4pm on Tuesdays and Fridays.

**We need to be ready when the Master comes**

**We are wanting to restart serving coffee after the main service at St Mary's.  
If you are willing to help us with this, please see a warden.**

**NO INTERNET?**  
0800 804 8044 (Free) to hear hymns, prayers, thoughts for the day and help for sleeping.

**LIVESTREAMING SERVICES** Both churches now have the ability to livestream services (when local speeds allow) or to record. To view services go to Constable Country churches on YouTube and select either St Mary's or St Michael's. Compline is available there too.

**STAMPS**  
There are collection boxes in both churches for used stamps

**SCAMS**  
Delete the email that is headed "Favour". Hang up the phone immediately if someone tries to sell you a wonderful investment!

**RIDE AND STRIDE:** Suffolk Historic Churches annual event takes place on 10 September. Sponsor forms in St Michael's porch for anyone interested in taking part.

**BENEFICE ADMINISTRATOR**  
We are recruiting for this exciting post. Currently 14 hours a week. Exceptional computer skills, sense of humour, discretion and endless patience required. Contact a Warden.

<b>Mon 8</b> <i>Rev Steph isolating before her surgery tomorrow</i>	<b>Tues 9</b> <i>Rev Steph having eye surgery at Moorfields and will be on sick leave for much of August.</i>	<b>Wed 10</b>
<b>Mon 15</b>	<b>Tues 16</b> <i>Rev Steph at Moorfields today</i>	<b>Wed 17</b>
<b>Mon 22</b>	<b>Tues 23</b> <i>Rev Steph at Moorfields today</i>	<b>Wed 24</b>
<p>Today we give thanks for Mary Sumner, the founder of the Mothers' Union in 1921.</p> <p>Prayers please for children attending Woolie Taster Camp this week, and their leaders.</p> <p>Prayers please for Rev Annette as she and Dave move to Oxford Diocese.</p> <p>Today we give thanks for Bartholomew the Apostle and pray for all churches named after him.</p>		

**SAVE THE DATES**  
**15<sup>th</sup> October** at 15:00 - Accordion Band concert in St Michael's - tickets £7.00  
**12<sup>th</sup> November** - Evening concert with Trianon Singers at St. Mary's

## DATES FOR YOUR DIARY

<b>Thurs 11</b>	<b>Friday 12</b>	<b>Sat 13</b>	<b>Sunday 14 August Trinity 9</b>
		<p>Prayers please for Holy Family Catholic Church as they say goodbye to Father Bineesh today</p> <p>Please pray for those affected by the rail strike today</p>	<p><b>10:00</b> Benefice Communion, EB (Rev Roy) <b>Hymns:</b> 221, 315, 137</p> <p>Prayers please for North Samford Benefice as they say goodbye to Rev Annette today</p>
<b>Thurs 18</b>	<b>Friday 19</b>	<b>Sat 20</b>	<b>Sunday 21 August Trinity 10</b>
<p>Prayers for the Campers at Woolie Taster as they consider the claims of Jesus.</p> <p>Please pray for those affected by the rail strike today</p>		<p>Today we give thanks for the work of the Salvation Army as we remember their founders William and Catherine Booth.</p> <p>Please pray for those affected by the rail strike today</p>	<p><b>10:30</b> Benefice Communion, B <b>Hymns:</b> 122, 288, 81, 205</p>
<b>Thurs 25</b>	<b>Friday 26</b>	<b>Sat 27</b>	<b>Sunday 28 August Trinity 10</b>
	<p><b>10:30</b> Funeral of Jean Cooke, B</p>	<p><b>10:00-15:00</b> East Bergholt Garage Sale</p>	<p><b>10:00</b> Benefice Communion, EB <b>Hymns:</b> 68, 374, 517, 631</p> <p>Rev Steph is at Gt Wenham and Capel this morning</p>

Please contact Rev Steph if you would like to be trained as an Elder - Liturgical Elders help lead worship, Pastoral Elders visit parishioners and take Home Communion.