

**Pray for the church family:**

**Monday:** Linda Daynes; Jeanette; Sandra Jermyn; Marian Scott; Marji Holdsworth; Steve Newman  
**Tuesday:** Hilary Taylor; Margaret and Helen Wheatley; Christine Page; Daphne Glen; Carol Whitby  
**Wednesday:** Jonathan Fermor; Jo and William Marston; John Vail; Mandy Churchill; Wendie Felgate  
**Thursday:** Vicky Scott; Sarah Lejeune; Peter Green; Sarah Wallis and the Youth Group who meet tonight  
**Friday:** Mary West; Annie Winckler; Sue Jones; Eva Rainey; Valerie Ayton; Nigel Hollick and for the Toddler group who meet today

**Pray for those who have recently lost a loved one:**

The families and friends of Sally Edevane; Jean Goodchild; Sue Stockley and all who grieve

**Pray for:**

God's choice in the new Archbishop, and our Diocesan Bishops, that they would faithfully lead in truth and grace.  
The Youth Group, young people and leaders, for fun, friendship and faith!  
The Open the book team and all those who work in schools.  
The Alpha Courses and Lent groups – for all coming along.  
Wisdom for Rev. Chris, Wardens and Ministry team – discerning God's will and direction as we seek to serve the parishes.

**Website:** www.ConstableCountryChurches.co.uk **YouTube:** Constable Country Churches  
**Facebook:** stmaryseastbergholt and St Michael's Church, Brantham

**Rector:** Rev Chris Willis, The Rectory, Rectory Lane, Brantham CO11 1PZ  
revchris@constablebenefice.org / 07566 871270

**Benefice Administrator:** michelle@constablebenefice.org / 07955 329341(Wednesdays)

**Parish Safeguarding Officers**

<b>East Bergholt</b>	Howard Holdsworth	07970 416249	<b>Brantham</b>	Issy Smith	07941 096809
<b>Bentley</b>	Sandra Mehen	01473 310383	<b>Tattingstone</b>	Suena Harley	01473 327531

**Retired Priests (Permission to Officiate granted by the Bishop)**

Revd Peter Ball 01206 393316 | Revd Roy Seden 07806 940407 | Revd Don Mehen 01473 310383

**Readers** Nick Pavitt 01473 328512 | Ruth Bull 01206 298733 | Sandra Mehen 01473 310383

**Churchwardens**

<b>East Bergholt</b>	Fiona Trott	01206 298205	<b>Brantham</b>	Jane Pavitt	01473 328512
	Jackie Reeves	01206 299973		Len Smith	07986 767123

<b>Bentley</b>	Tom Hill	01473 311119	<b>Tattingstone</b>	Linda Smalley	07803 589862
				Lyn Tomlinson	01473 328251

**Elders**

<b>East Bergholt</b>	Fiona Trott	01206 298205	<b>Brantham</b>	Sarah McCraw	01206 391384
	Chris Jacob	01206 298552		Len Smith	07986 767123
				Issy Smith	07941 096809
				Marie Jelley	01206 396191

<b>Bentley</b>	Jane Day	01473 310518	<b>Tattingstone</b>	Simon Harley	01473 327531
	Carolyn Evans	01473 311090		Suena Harley	01473 327531
	Doreen Savage	01473 311122		Alison Hobson	01473 327201

**Director of Music/Organist** Martin Huggett 01206 395927 (East Bergholt)

**Organists:** **Brantham** - David McLachlan 01473 327164 **Tattingstone** - Jane Gould **Bentley** - Ann Little

Our main services in East Bergholt and Brantham are live-streamed on YouTube.  
Please see a warden if this causes concern.

# Constable Country Benefice



St Mary's, East Bergholt



St Michael's, Brantham



St Mary's, Bentley



St Mary's, Tattingstone

## Sunday 9<sup>th</sup> March 1<sup>st</sup> Sunday of Lent

**East Bergholt**

**10am** Morning Worship with Communion Service (Rev Chris)

**4pm** family@church being held at Lambe School (led by Fiona)

**4pm** SVAM concert

**6.30pm** "The Gathering" West Room, East Bergholt – for an hour of contemporary sung worship, Bible teaching, conversation and praise and prayer

**Bentley**

**10am** Morning Worship with Communion Service (Rev Don) First reading of Banns for Charlotte Alexander and Brandon Freeman

**Brantham**

**10.30am** Morning Worship with Communion Service (Rev Peter)



### PRAYER FOR THE BENEFICE

Heavenly Father,  
we pray for the parishioners of the benefice of East Bergholt, Brantham, Bentley and Tattingstone that they may come to know your generous and enfolding love.  
May we play our part in your mission to help all people, especially those around us, know your love and grace.  
Amen



### COLLECT

Heavenly Father, your Son battled with the powers of darkness, and grew closer to you in the desert: help us to use these days to grow in wisdom and prayer that we may witness to your saving love in Jesus Christ our Lord.  
Amen



### Full List of Readings (Lectionary Year C)

**Deuteronomy 26.1–11**

Psalm 91.1, 2, 9–end;  
[ or Psalm 91.1–11]; Romans 10.8b –13

**Luke 4.1–13**


*(Readings will usually be the first reading and the Gospel. The psalm and second reading will be used if advised by the service leader)*





### POST COMMUNION PRAYER

Lord God,  
you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord.  
Amen

***“Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you and surely I am with you always, to the very end of the age.” Matthew 28:19-20***

<p> <b>Morning Prayers</b> are held 9am Thursdays at Brantham Rectory.</p> <p>*****</p> <p><b>Benefice Lent Groups</b> are being run at 11am on Wednesday mornings at Joyce and Derek Fox’s home in East Bergholt and on 7.15pm on Tuesday evenings at Julie Fermor’s house, Palfrey Heights, Brantham. If you wish to join either group, please contact Joyce Fox - 299494 or Julie – 07749 741658.</p> <p>*****</p> <p><b>Do you receive our weekly emails?</b> If you don’t, but would like to, please let Michelle know</p> <p><b>Do you need a lift to our services,</b> or can provide lifts for others, please contact michelle@constablebenefice.org 07955 329341</p> <p>*****</p> <p><b>Any Spare pennies??</b> Jackie and Fiona need 500 one pence coins for an activity at the beginning of April. If you have any please pass them to either of them during the next few weeks. Many thanks.</p> <p>*****</p> <p>At 2pm on 25<sup>th</sup> March at the Cathedral in Bury St Edmunds, Jeanette Appleton is being commissioned as the Diocesan President for Mothers’ Union and Rob Shackleton is also being commissioned as the Diocesan Bookkeeper. If you are able to attend the service to support them both they would be delighted to see you.</p>	<p><b><u>Monday 10</u></b></p> <p><b>2.50pm</b> Assembly at East Bergholt Primary School (led by Rev Chris)</p>	<p><b><u>Tuesday 11</u></b></p> <p><b>10.30am</b> Alpha Group meets at the Rectory</p> <p><b>7.15pm</b> Lent Group at Palfrey Heights, Brantham</p>	<p><b><u>Wednesday 12</u></b> <b><u>Ash Wednesday</u></b></p> <p><b>11am</b> Lent Group at East Bergholt</p> <p><b>7.30pm</b> Alpha Group meets at the Rectory</p>
	<p><b>Daily Readings</b> Jeremiah 4.19–end John 5.1–18</p>	<p><b>Daily Readings</b> Jeremiah 5.1–19 John 5.19–29</p>	<p><b>Daily Readings</b> Jeremiah 5.20–end John 5.30–end</p>
	<p><b><u>Monday 17</u></b></p> <p><b>2.50pm</b> Assembly at East Bergholt Primary School (led by Nick)</p>	<p><b><u>Tuesday 18</u></b></p> <p><b>7.15pm</b> Lent Group at Palfrey Heights, Brantham</p>	<p><b><u>Wednesday 19</u></b></p> <p><b>11am</b> Lent Group at East Bergholt</p>
	<p><b>Daily Readings</b> Jeremiah 7.21–end John 6.41–51</p>	<p><b>Daily Readings</b> Jeremiah 8.1–15 John 6.52–59</p>	<p><b>Daily Readings</b> Isaiah 11.1–10 Matthew 13.54–end</p>

**Bring the Family** to one of our all age family friendly services with stories, songs, activities and cake, lasting 40-45 minutes. Our next family services are at this Sunday (9<sup>th</sup> March)

<p><b><u>Thursday 13</u></b></p> <p><b>9am</b> Morning prayer at the Rectory</p> <p><b>12.30pm</b> MU Lent Lunch followed by cake in the West End, East Bergholt</p> <p> <b>7pm-8.30pm</b> Benefice Youth Group at the Rectory</p>	<p><b><u>Friday 14</u></b></p> <p><b>9.30am-11.30am</b> Toddlers and Carers at East Bergholt</p> <p><b>3.50pm for 4pm</b> Choir Practice at East Bergholt</p> <p><b>7.30pm</b> Evening with Chris Kiwomya, East Bergholt Sports Pavilion, Gandish Road</p>	<p><b><u>Saturday 15</u></b> <i>Rev Chris’s day off</i></p> <p><b>9am-9.30am</b> Benefice quiet prayer time at St Michael’s</p>	<p><b><u>Sunday 16 March</u></b> <b><u>2<sup>nd</sup> Sunday of Lent</u></b></p> <p><b>8am</b> BCP Service at East Bergholt (Rev Roy)</p> <p><b>10am</b> Morning Worship with Communion Service at East Bergholt (Rev Roy)</p> <p><b>10am</b> Morning Worship at Bentley (led by Sandra) Second reading of Banns for Charlotte Alexander and Brandon Freeman</p> <p><b>10.30am</b> Morning Worship with Communion Service, Brantham (Rev Antony Wilson)</p> <p><b>6pm</b> Jubilate Evensong at Tattingsstone (led by Martyn Bagnall)</p>
<p><b>Daily Readings</b> Jeremiah 6.9–21 John 6.1–15</p>	<p><b>Daily Readings</b> Jeremiah 6.22–end John 6.16–27</p>	<p><b>Daily Readings</b> Jeremiah 7.1–20 John 6.27–40</p>	<p><b>Genesis 15.1–12, 17–18</b> Psalm 27 Philippians 3.17–4.1 <b>Luke 13.31–end</b></p>
<p><b><u>Thursday 20</u></b></p> <p><b>12pm</b> Lent Lunch at East Bergholt</p> <p><b>2pm</b> Funeral of Brian Beeston at East Bergholt</p> <p> <b>7pm-8.30pm</b> Benefice Youth Group at the Rectory</p>	<p><b><u>Friday 21</u></b></p> <p><b>9.30am-11.30am</b> Toddlers and Carers at East Bergholt</p> <p><b>3.50pm for 4pm</b> Choir Practice at East Bergholt</p>	<p><b><u>Saturday 22</u></b> <i>Rev Chris’s day off</i></p> <p><b>9am-9.30am</b> Benefice quiet prayer time at St Michael’s</p>	<p><b><u>Sunday 23 March</u></b> <b><u>3<sup>rd</sup> Sunday of Lent</u></b></p> <p><b>10am</b> Morning Worship at East Bergholt (led by Ruth)</p> <p><b>10am</b> Morning Worship with Communion at Bentley with final reading of Banns for Charlotte Alexander and Brandon Freeman (Rev Chris)</p> <p><b>10am</b> Morning Worship with Communion at Tattingsstone (Rev Don)</p> <p><b>10.30am</b> Morning Worship at Brantham (led by Len)</p> <p><b>4pm</b> Family at Church at Brantham (led by Ruth)</p>
<p><b>Daily Readings</b> Jeremiah 9.12–24 John 7.1–13</p>	<p><b>Daily Readings</b> Jeremiah 10.1–16 John 7.14–24</p>	<p><b>Daily Readings</b> Jeremiah 10.17–24 John 7.25–36</p>	<p><b>Isaiah 55.1–9</b> Psalm 63.1–9 1 Corinthians 10.1–13 <b>Luke 13.1–9</b></p>